

POLICY FOR PERSONAL, SOCIAL, HEALTH AND CITIZENSHIP EDUCATION (PSHCE)

1. RATIONALE

The PSHCE programme at Prior's Field School aims to provide pupils with the skills, knowledge and understanding with which they can make informed choices and decisions concerning their present lifestyle. It also aims to prepare pupils to face future challenges with confidence, flexibility and sensitivity. PSHCE supports pupils in their personal and social development, enables them to develop their own moral code and prepares them for the opportunities, responsibilities and experiences of adult life and citizenship.

2. OBJECTIVES

- 2.1 To help pupils to achieve their academic and personal potential.
- 2.2 To develop within the pupils a sense of personal worth and to encourage the development of personal values such as integrity and responsibility by creating a secure and caring learning environment.
- 2.3 To encourage consideration and care for others both within the school and the wider community and to prepare pupils for their roles as active citizens.
- 2.4 To develop the thinking skills and critical faculties necessary if informed choices are to be made.
- 2.5 To form responsible attitudes towards the maintenance of good health through an understanding of the factors that lead to a healthy life style.
- 2.6 To appreciate and respect the beliefs, faiths and cultures by which people live and on which they base their behaviours.
- 2.7 To make sense of their present personal and social experiences.
- 2.8 To develop the necessary skills to communicate ideas and opinions in order to influence social change.
- 2.9 To enable pupils to make informed decisions about their future career opportunities.
- 2.10 To consider issues of personal safety, including the use and abuse of alcohol, drugs and other substances.

2.11 To help pupils recognise and understand their place in the family, school and community by providing opportunities for involvement in events such as charity fundraising, community service and School Council.

3. SUCCESS CRITERIA

This policy will be considered successful if:

- 3.1 Pupils acquire knowledge, skills and a progressive understanding of topics and issues addressed.
- 3.2 Relationships are positive and promote pupils' motivation.
- 3.3 Pupils are confident and respond to the challenges set by the programme.
- 3.4 The school's policy of ensuring equal opportunities for all pupils and of creating an ethos that nurtures respect and understanding for all faiths and cultures is supported.

4. METHODOLOGY

4.1 Implementation

The PSHCE curriculum is delivered:

- i. For 1 period per week in all phases of the school.
- ii. in informal areas of the curriculum, e.g. School Council, extra-curricular activities, assemblies, work experience, peer mentoring, prefect teams, the House programme and so on.
- iii. in all curriculum lessons where social, moral and ethical issues are addressed, e.g. in Religious Studies (relationships, ethics, lifestyle and cultures), Geography and History (local area/community lifestyles and cultures), PE and Science (sex and Health Education) and English (through literary and non-literary texts).

Form Tutors and Class Teachers, subject staff, specialist staff (e.g. the School Nurse) and outside speakers deliver the programme. A variety of methods are used which are based on the principles that the course:-

- o is pupil centred.
- o allows pupils the opportunity to work in small and large groups in a co-operative manner.
- o gives pupils the opportunity to express personal opinions in a secure environment.
- o encourages pupils to listen and respect the views of others.
- o employs a range of teaching and learning skills including role play, debating, use of video, discussion, visiting speakers, games, music, art, stories and poems.

The content of the PSHCE programme provides information and encourages the acquisition of skills and attitudes appropriate to the girls' level of maturity. Topics for each Year Group are chosen with regard to the overall programme and are revisited at regular intervals with increasing levels of sophistication, e.g. study skills, Health Education, Careers Education and Sex Education. Girls have regular opportunities to feedback on the PSHCE programme and to input into the content for the next term.

4.2 MONITORING

- The programme is managed and resourced by the PSHCE co-ordinator. It is closely monitored to ensure continuity and progression across the different phases of the school.
- Regular feedback meetings with Form Tutors to discuss the programme
- The PSHCE Co-ordinator and Deputy Head [pastoral] are responsible for ensuring appropriate INSET to deliver the programme.
- The programme will be continually evaluated by the Pastoral Team in consultation with the Pastoral Deputy Head.
- While no formal assessment of pupils' progress currently takes place, informal opportunities arise from observing pupils and listening to them in discussion and through their presentations and feedback.

5. EVALUATION

The Deputy with responsibility for the Pastoral System will be responsible for evaluating the effectiveness of the policy by:

- Reviewing the PSHCE schemes of work with the PSHCE co-ordinator.
- Looking at progression through the Schemes of Work.

6. REVIEW

The Pastoral Deputy Head, PSHCE co-ordinator will review this policy annually.

Date of next review: Spring 2011